



Remember who you are

IN JESUS

- When doubt says I might not be acceptable to God, grace says I'm accepted in the Beloved. (Ephesians 1:6)
- When shame tells me I can't be loved because of what I've done, grace says I am loved even on my worst day. (1 John 4:10)
- When shame tells me I'm in the battle, grace says I am victorious. (Romans 8:37)
- When doubt whispers I am nothing special, grace says I am chosen and never an afterthought. (Ephesians 1:4)
- When shame says I am a failure, grace says I am forgiven. (Ephesians 1:7)
- When doubt says I am alone, grace says I belong to God's family. (Ephesians 1:5)
- When doubt says I have no worth, grace says I am more valuable than the birds. (Luke 12:24)
- When shame tells me to remain on the outside, grace welcomes me in. (Hebrews 4:16)
- When shame declares my sin will separate, grace says it cannot sever what Jesus secured. (Romans 8:38-39)
- When doubt says I am slipping, grace says God is holding me tight. (John 10:29)

I do not have to strive to become what Jesus has already made me. I can breathe deeply, rest in His grace, and remember that I am loved, forgiven, free, secure, and His.

